

Seven Minutes Alone with the Lord

NOTE: The key is to do this FIRST thing in the morning routinely and whether you feel like it or not! DO NOT be distracted by anything: any thoughts or feelings within, or any persons around you. Modify this as you like; print document and write new prayers on the back of this sheet. Include your daily Bible reading at the end if you have time. If you don't have time in the morning, read your Bible consecutively before going to bed at night.

- 1) **Begin by calling on the name of the Lord eight times, from deep within, out loud, "Oh Lord Jesus, I love You!"**
- 2) **Pray the following prayer form your heart, audibly, so your own ears can hear, even if softly: "Lord Jesus, I come to You with an open heart. Lord, open your Word to me right now, speak to me and shine on me."**

- 3) **Pray-read two verses from your memory verse list aloud, applying the contents of the verses to yourself.**
- 4) **Confess at least two or three sins specifically out loud (but not so loud that others nearby can hear them), even mentioning the details and motives, according to the Lord's enlightening in your conscience.**
- 5) **Continue praying and confessing, with your heart, applying and making each of these prayers personal:**

"O Lord Jesus, cleanse me with Your precious blood and forgive me of every sin. Thank you, Lord, for Your cleansing blood. O Lord, I forgive every person who has hurt or offended me, just as You have forgiven me."

"Lord Jesus, I give you this day. Fill me today with Your Holy Spirit and take full control of my life. O Lord Jesus thank you that You are the Spirit mingled with my spirit. Lord Jesus, make Your home a little more in my heart today. Lord, I want You to be on the throne. Lord, although I am weak and oftentimes stubborn and rebellious, by faith I say that I am willing to be made willing to do Your will in every matter in my life. O Lord Jesus, I need You and I love You."

"O Father, Abba Father, give to me today a spirit of wisdom and of revelation in the full knowledge of Christ. May the eyes of my heart be enlightened that I may know what is the hope of Your calling, what are the riches of the glory of Your inheritance in the saints, even in me, and what is the surpassing greatness of Your power which is toward me by believing. Father, grant me to be strengthened with power through Your Spirit into my inner man, that Christ may make His home in my heart through faith, that I may be filled unto all the fullness of God" (Eph 1:17-19 & 3:16-17, 19b).

"Lord Jesus, I give all my thoughts to You. Renew my mind more today. Bring all of my thoughts fully captive to You."

"Lord, strengthen my will to obey You a little more today. Lord, cause me to love You more today, to love what You love and hate what You hate, to love the light and hate the darkness. Lord, increase my hunger and love for Your Word."

"Lord, grant me a healthy conscience. Help me take care of my conscience and live under a clear sky. Lord Jesus, grant me a clear vision of Your economy and Your eternal purpose. Lord, strengthen my faith in You."

"Lord Jesus, save me from the broad way that leads to destruction. Lord deliver me from evil and from evil persons. Do not lead me into temptation. Lord, I admit I am weak and I often fail. Lord, preserve me from all the damaging things of this world. Lord preserve me, spirit, soul, and body, in Your will and for Your purpose. O Lord Jesus, help me to learn the lessons that I need to learn. Grant me the wisdom to live a proper human life."

"O Lord Jesus, be with me today, be real to me to day, and do everything in me today. Lord Jesus, I love You."

"Lord, bless and protect my family. Bless all the saints in the church. Lord, help me to pray more for others."

"Lord Jesus, I praise and thank You for all things that You have allowed in my life, even though I don't understand everything. I believe in You and I trust You. I believe that Your heart is good toward me. Lord, I believe that You can and will work all things together for good, for Your glory and for Your purpose. Lord, thank you for dying for me, for living in me and for loving me so much. Lord Jesus, thank You for everything. O Lord Jesus, I really love You and I praise You! Amen!"

- 6) **Pray, by name, for at least 3 people – for their salvation, revival, healing, or other spiritual blessings for them.**
- 7) **Pray from your heart about other things and matters that you feel you should pray about, including events and things coming up in your life that day, or other matters to confess before God.**
- 8) **If time allows, spend a minute or two to do some of your DAILY & CONSECUTIVE Bible reading.**